

Instructions & Example

- 1

Begin your Log wherever you are at 3 a.m. on your first Travel Day. Record every PLACE you go, even quick stops on the way to work/school, or after you get home, including walking the dog, biking, or jogging.
- 2

PLACE NAME and as COMPLETE ADDRESS information as possible.
- 3

EXACT TIME you ARRIVE at each place.
- 4

Record the code from the **LIST 1 CODES** (located on the flap of this Log) for "HOW did you GET there?"
- 5

Total NUMBER of other people in your travel party. (DO NOT INCLUDE YOURSELF).

1

2

3

	FOR EACH PLACE: Please record the NAME OF THE PLACE you visited and the EXACT ADDRESS or NEAREST MAJOR INTERSECTION CITY and ZIP CODE	What TIME did you ARRIVE? Record exact time
PLACE 1 Your location at 3:00 a.m.:	<div><div><input checked="" type="checkbox"/> My Home</div><div><input type="checkbox"/> My School</div><div><input type="checkbox"/> Other Place</div></div> <div><div><input type="checkbox"/> My Work</div><div><input type="checkbox"/> Bus stop or Train station</div></div> <div>Provide the name of the place and as much of the address as possible below:</div> <div>Address City, State Zip</div>	
PLACE 2 Next PLACE:	<div><div><input type="checkbox"/> My Home</div><div><input type="checkbox"/> My School</div><div><input checked="" type="checkbox"/> Other Place</div></div> <div><div><input type="checkbox"/> My Work</div><div><input type="checkbox"/> Bus stop or Train station</div></div> <div>Provide the name of the place and as much of the address as possible below:</div> <div>Gas station name Address City, State Zip</div>	7 : 16 am pm
PLACE 3 Next PLACE:	<div><div><input type="checkbox"/> My Home</div><div><input type="checkbox"/> My School</div><div><input checked="" type="checkbox"/> Other Place</div></div> <div><div><input type="checkbox"/> My Work</div><div><input type="checkbox"/> Bus stop or Train station</div></div> <div>Provide the name of the place and as much of the address as possible below:</div> <div>Name of child's school Address City, State Zip</div>	7 : 26 am pm
PLACE 4 Next PLACE:	<div><div><input type="checkbox"/> My Home</div><div><input type="checkbox"/> My School</div><div><input type="checkbox"/> Other Place</div></div> <div><div><input checked="" type="checkbox"/> My Work</div><div><input type="checkbox"/> Bus stop or Train station</div></div> <div>Provide the name of the place and as much of the address as possible below:</div> <div>Name of your workplace Address City, State Zip</div>	8 : 03 am pm

Person would continue to record Places 5-10

(Questions? See the Instructions & Example or call the toll-free hotline at 877-261-4621)

HOW did you GET there? <i>Use the LIST 1 CODES</i>	NUMBER of people traveling with you? <i>Don't include yourself</i>	IF AUTO/TRUCK/VAN:		IF TRANSIT:	WHAT did you DO there? <i>Use the LIST 2 CODES</i>	What TIME did you LEAVE? <i>Record exact time</i>
		Which household VEHICLE? <i>Make &amp; Model</i>	Did you GET OUT of your vehicle?	Which ROUTE # or LINE?		
List ONE code only			<div><input type="checkbox"/> Yes</div> <div><input type="checkbox"/> No</div>		List ALL codes that apply	: am / pm
List ONE code only			<div><input type="checkbox"/> Yes</div> <div><input type="checkbox"/> No</div>		List ALL codes that apply	: am / pm
List ONE code only			<div><input type="checkbox"/> Yes</div> <div><input type="checkbox"/> No</div>		List ALL codes that apply	: am / pm
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List ONE code only			<div><input type="checkbox"/> Yes</div> <div><input type="checkbox"/> No</div>		List ALL codes that apply	: am / pm

LIST 1 CODES: HOW did you GET there?

- 1 Walk
- 2 Bike
- 3 Auto Driver
- 4 Auto Passenger
- 5 CTA Bus
- 6 CTA Train
- 7 Pace Bus
- 8 Metra Train/South Shore Railroad
- 9 Private Shuttle Bus
- 10 Dial-a-Ride/Paratransit
- 11 School Bus
- 12 Taxi
- 97 Other: (write code 97 & how you got there)

LIST 2 CODES: WHAT did you DO there?

- At My Home:
- 1 Working at home (for pay)
- 2 All other activities at home
- At My Work/Volunteer Location:
- 3 Work/Job (for pay or volunteer)
- 4 All other activities at work
- At My School:
- 5 Attending class
- 6 All other activities at school
- While Traveling:
- 7 Change type of transportation/transfer (from car to bus/train, walk to bus/train, etc.)
- 8 Dropped-off passenger from car
- 9 Picked-up passenger in car
- 10 Other (write code 10 and specify activity)
- At Other Places:
- 11 Work-related (meeting, sales call, delivery, etc.)
- 12 Service private vehicle (gas, oil, lube, etc.)
- 13 Routine shopping (groceries, clothing, convenience store, household maintenance)
- 14 Shopping for major purchases or specialty items (appliances, electronics, new vehicle, major household repairs, etc.)
- 15 Household errands (bank, dry cleaning, etc.)
- 16 Personal business (visit government office, attorney, accountant, etc.)
- 17 Eat meal outside of home
- 18 Health care (doctor, dentist)
- 19 Civic/Religious activities
- 20 Recreation/Entertainment
- 21 Visit friends/relatives
- 97 Other (write code 97 and specify activity)



## REMEMBER TO RECORD ...

- ✓ Each STOP you make, even:
  - Bus/rail stops or transit centers where you transfer or get on/off.
  - Quick stops to get food, fuel, or cash from an ATM.
  - Stops where you don't have to get out of your car.
- ✓ All ACTIVITIES you do and TRIPS you make, even those:
  - You make while at work (*going out to lunch, to a meeting or running an errand, etc.*).
  - After 6 p.m. or after work.
- ✓ Exact place names and as complete address information as possible.
- ✓ Accurate arrival and departure times.

## WHAT DO I DO WITH MY COMPLETED LOGS?



**Keep your completed logs by the phone** – We will call you to collect the information. Or, you can call NuStats toll-free (877-261-4621) to provide your information.



**Mail** – After we collect your information by phone, return your completed logs in the postage-paid envelope provided in your packet.

**For assistance, call NuStats toll free at 877-261-4621**

← **LISTS 1 & 2 are inside flap**

## THANK YOU FOR YOUR PARTICIPATION!

If you need help filling out your Travel Log, please call toll free at:

877-261-4621

For more information about the survey, please call:

Stacey Bricka, NuStats  
800-447-8287, ext. 2240  
sbricka@nustats.com

or

For more information about CMAP or the Travel Tracker Survey, please call the:

CMAP Survey Hotline  
312-386-8833

or visit

[www.chicagoareaplanning.org/travelsurvey](http://www.chicagoareaplanning.org/travelsurvey)

## SURVEY CONDUCTED BY NUSTATS ON BEHALF OF:



Chicago Metropolitan  
Agency for Planning



## TRAVEL TRACKER SURVEY



## PERSONAL TWO-DAY TRAVEL LOG FOR:

Record each PLACE you go and WHAT you do there beginning at 3:00 a.m. (*or when you wake up*) on your assigned travel day and ending at 2:59 a.m. the following day (*or when you go to sleep on your travel day*).



Carry this log with you on your assigned travel day and record the places you visit and what you do there as you go. *This helps you remember to record all the places you visit, what you do there, and to provide exact arrival/departure times and complete addresses.*